 DATE

**FOR IMMEDIATE RELEASE**

Celebrate Mother’s Day with Fernwood Fitness **[CLUB NAME]**

EMPOWERING

WOMEN TO SHINE

*Spoil your mum with in-club events, membership offers and more!*

As Mother's Day approaches, leading women's-only gym and the experts in women’s health and fitness, Fernwood Fitness **[CLUB NAME]** is gearing up to honour and celebrate all the wonderful mothers and mother figures in our community. With a variety of special events and exclusive membership offers, Fernwood **[CLUB NAME]** is excited to provide a memorable Mother's Day experience.

Fernwood **[CLUB NAME]** has planned a range of in-club events and promotions for Mother's Day, including:

**BODY COPY CONTINUED – ELABORATE ON YOUR CLUB’S OFFERS/EVENTS.**

[*Fernwood Fitness*](https://www.fernwoodfitness.com.au/why-fernwood/about)*are the health, fitness and wellness clubs more than 70,000 women across Australia love. Every club is purpose-built with women in mind, so they feel empowered to shine in all aspects of their lives. From strength and weight training to high-intensity workouts, yoga, Pilates, meditation, nutrition coaching and more – Fernwood Fitness supports every woman to feel fitter, stronger and healthier in a supportive, diverse and welcoming environment.*

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Fernwood SUBURB NAME

**STREET ADDRESS**

**SUBURB STATE POSTCODE**

fernwoodfitness.com.au

**E.G. MOTHER/DAUGHTER WORKOUTS, PINOT + PILATES, PAMPER SESSIONS…**

Whether you're a mum, grandmother, or mother figure, join us at Fernwood [CLUB NAME] to celebrate this special occasion!